OCCUPATIONAL ENGLISH TEST

NURSAMPLE01

WRITING SUB-TEST – TEST BOOKLET

INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet.**

You must **NOT** remove OET material from the test room.

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Occupational English Test

WRITING SUB-TEST: NURSING
TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 10 February 2019

Mr Lionel Ramamurthy, a 63-year-old, is a patient in the medical ward of which you are Charge Nurse.

Hospital: Newtown Public Hospital, 41 Main Street, Newtown

PATIENT DETAILS:

Name: Lionel Ramamurthy (Mr)

Marital status: Widowed – spouse dec. 6 mths

Residence: Community Retirement Home, Newtown

Next of kin: Jake, engineer (37, married, 3 children <10)
Sean, teacher (30, married, working overseas, 1 infant)

Admission date: 04 Feb 2019

Discharge date: 11 Feb 2019

Diagnosis: Pneumonia

Past medical history:
Osteoarthritis (mainly fingers) – Voltaren (diclofenac)
Eyesight ↓ due to cataracts removed 16 mths ago – needs check-up

Social background:
Retired school teacher (history, maths). Financially independent. Lonely since wife died.
Weight loss approx. 4 kg in 6 months – associated with poor diet.

Medical history: 2007: Type 2 diabetes diagnosed (controlled by diet)
04 Mar 2018 Chronic obstructive pulmonary disease (COPD) diagnosed

Medical background:
Admitted with pneumonia – acute shortness of breath (SOB), inspiratory and expiratory wheezing, persistent cough (→ chest & abdominal pain), fever, rigors, sleeplessness, generalised ache. On admission – mobilising with pick-up frame, assist with ADLs

(e.g., showering, dressing, etc.), very weak, ambulating only short distances with increasing shortness of breath on exertion (SOBOE).

Medical progress:
Afebrile.
Inflammatory markers back to normal.
Slow but independent walk & shower/toilet.
Dry cough, some chest & abdom. pain.
Weight gain (1.5kg) post r/v by dietitian.

Nursing management:

Encourage oral fluids, proper nutrition.

Ambulant as per physio r/v.

Encourage chest physio (deep breathing & coughing exercises).

Sitting preferred to lying down to ensure postural drainage.

Assessment: Good progress overall

Discharge plan: Paracetamol if necessary for chest/abdom. pain.

Keep warm.

Good nutrition – ↑ fluids, eggs, fruit, veg (needs help monitoring diet).

Writing Task:

Using the information given in the case notes, write a discharge letter to Ms Georgine Ponsford, Resident Community Nurse at the Community Retirement Home, 103 Light Street, Newtown. This letter will accompany Mr Ramamurthy back to the retirement home upon his discharge tomorrow.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.

Any answers recorded here will not be marked.

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NURSAMPLE01

Occupational English Test

WRITING SUB-TEST: NURSING
SAMPLE RESPONSE: LETTER OF DISCHARGE

Ms Georgine Ponsford
Resident Community Nurse
Community Retirement Home
103 Light Street
Newtown

10 February 2019

Dear Ms Ponsford,
Re: Lionel Ramamurthy, aged 63

Mr Lionel Ramamurthy was admitted on 4 February 2019 having contracted pneumonia. He is now ready for discharge back into your care tomorrow.

On admission, he was experiencing fevers and rigors. He suffered dyspnoea, wheezing and sleeplessness. He had chest and abdominal pain due to prolonged persistent coughing.

After a week in hospital, he has stabilised and his breathing problems are now resolved. However, he still experiences some chest and abdominal pain, with a dry cough. His nursing management in hospital initially consisted of a walking frame and assistance with showering and dressing. Mr Ramamurthy is now more independent. He is also able to walk about slowly without assistance, and shower and use the toilet independently.

Paracetamol may be administered as needed if chest and abdominal pain persists and Mr Ramamurthy should be kept warm. Please encourage oral fluids, and ensure that he sits up, rather than lies down, whenever possible to ensure postural drainage. He should ambulate regularly, and continue with deep breathing and coughing exercises.

Mr Ramamurthy was very weak on admission to hospital, but has gained weight with dietitian input. He will need ongoing monitoring of his diet.
If you have any queries, please contact me.

Yours sincerely,

Charge Nurse