

WRITING SUB-TEST – TEST BOOKLET

INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

Occupational English Test

WRITING SUB-TEST: OCCUPATIONAL THERAPY

TIME ALLOWED: **READING TIME: 5 MINUTES**

WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 15 May 2021. You are a local occupational therapist. Today, you conducted a home assessment for Mr Arthur Jamieson.

PATIENT DETAILS:

Name: Mr Arthur Jamieson

Address: 12 Charlie Road, Greenhills

DOB: 20 Jul 1937 Age: 83

Social background: Widowed three years ago
1 son – married, lives nearby
4 grandchildren
1 great-grandson
Work: Train driver (for 40 years) – retired in 1998

Past medical history: 1993 workplace accident – L ankle injury, osteoarthritis in this joint
2009 prostate cancer – fully remitted
2014 Parkinson's disease

Medications: Intermittent paracetamol-based painkillers for osteoarthritis
Levodopa for Parkinson's disease

Referral: By Pt's GP (Dr Noah Andrews) – Pt's GP for 35 yrs
GP concern – insufficient support for Pt in his home

Occupational performance – 15 May 2021

Discussion: Mobilising: great difficulty, often gets 'stuck'
Falls: several recently, personal alarm given to Pt by son
Dysarthria: difficult for unfamiliar people to understand Pt
Spends much of the day watching TV, 'very bored'
Pt very lonely since wife passed
Thinking about moving into aged care home for ↑care & company – says son is strongly opposed

Self-care: Moderate level of grooming and hygiene, hair not brushed
Showering: once a week – with support from Pt's son, Pt says 'not doing enough to get dirty'

Domestic tasks: House: relatively tidy
Daughter-in-law does all laundry, delivers meals every second day

Eating: Reporting ↑incidents of choking in recent weeks
Pt is underweight, says he was always a 'big man'

Sleeping: Only sleeps 4 hours per night for the past five years

Leisure: Solitary, watching television, listening to radio
Passionate supporter of his football team

Supports available: Grandchildren occasionally visit, but do not provide support
Was a member of a social club – lost touch

Plan (over 6x weekly sessions):

1. Family meeting with son and daughter-in-law – discuss ongoing care. Advocate on Pt's behalf, support Pt's choices
2. Mobility assessment – electric wheelchair needed?
3. Assessment & provision of appropriate adaptive aids

Review: At end of 6wks review progress, determine if further intervention needed

Writing Task:

Using the information given in the case notes, write a letter to the patient's doctor, Dr Andrews, informing him of your assessment and recommendations for treatment. Address the letter to Dr Noah Andrews, Greenhills Medical Centre, 99 Major Street, Greenhills.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.

Any answers recorded here will not be marked.

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Occupational English Test

WRITING SUB-TEST: OCCUPATIONAL THERAPY

SAMPLE RESPONSE: LETTER

Dr Noah Andrews
Greenhills Medical Centre
99 Major Street
Greenhills

15 May 2021

Dear Dr Andrews

Re: Mr Arthur Jamieson
DOB: 20 Jul 1937

I am writing to inform you of my assessment of and recommendations for your patient, Mr Jamieson, following your concerns about the level of support he is presently receiving.

Mr Jamieson reported mobility difficulties and increased problems with choking in recent weeks. He has substantial dysarthria, and is difficult to understand at times. His son and daughter-in-law, who live nearby, are currently assisting with his domestic tasks and with showering on a weekly basis. Mr Jamieson is very socially isolated, spending much of his day at home alone watching television or listening to the radio.

Mr Jamieson reports he has been thinking of moving to an aged care facility, as he feels he would be better cared for there and have some company. However, he reports his son is against such a move.

Over the next six weeks, I intend to work with Mr Jamieson and his family to determine the best arrangements for his future care, and will advocate in support of whichever path he chooses. I will also assess and prescribe appropriate adaptive and mobility equipment to support him in retaining his remaining function. After six sessions, we will review progress and determine the need for any further intervention.

Please contact me at any time if you require any further information.

Yours sincerely

Occupational Therapist